



## THERAPEUTIC RIDING INSTRUCTOR MATRIX

**Must hold a Level 1 Riding instructor qualification to be eligible for an IGEQ passport**

	<b>Riding</b>	<b>Practical teaching</b>	<b>Disabilities</b>	<b>Horsemastership</b>	<b>General</b>
<b>1</b>	<p>Mounting and dismounting</p> <p>Walk, trot, canter, diagonals, leading leg at canter.</p> <p>Demonstrate basic riding position.</p> <p>Natural aids and their application</p> <p>Basic figures , movements</p>	<p>Conduct class lesson disabled riders.</p> <p>Demonstrate mounting, dismounting.</p> <p>Assess individual. Rider, able bodied or disabled, at walk, trot, canter.</p> <p>Discuss, develop, plan lessons, goals, objectives.</p> <p>Discuss teaching skills used by variety of disabled riders.</p>	<p>Knowledge of disabilities as listed in syllabus.</p> <p>Know the basic characteristics and physical and psychological implications of teaching riders with these disabilities.</p> <p>Know how to handle spastic or flaccid limbs .</p> <p>Know precautions, contra –indications</p> <p>Human development and learning theory</p>	<p>Basic Anatomy and physiology.</p> <p>Recognise health and ill health.</p> <p>Care of horses in therapeutic work.</p> <p>Demonstrate correct technique for lungeing horse for exercise.</p>	<p>Understand role of instructor</p> <p>Train and use volunteers appropriately</p> <p>Administration Insurance, records, consent forms</p> <p>Training and selection of horses to maintain standard</p> <p>Safety guidelines</p>

### THERAPEUTIC RIDING INSTRUCTOR QUALIFICATIONS – MATRIX GUIDELINES

	<b>Activity</b>	<b>May include work with</b>	<b>Status</b>	<b>Workplace</b>	<b>Recommended training time</b>
<b>1</b>	<p>Teaching with limited responsibility under the supervision of a Level 11 Instructor OR as agreed by the National Therapeutic Riding Association</p>	<p>Disabled riders with conditions as listed OR as agreed by the National Therapeutic Riding Association</p>	<p>Teaching within the Group to which they are a registered instructor According to the National Therapeutic Riding Association</p>	<p>Group Club or Riding school approved by the National Therapeutic Riding Association</p>	<p>Minimum age 18years</p> <p>Hold a current First Aid Certificate</p> <p>2 years training according to the National requirements.</p>